

Design for the “here and now”

New co-creation approaches for innovation in health and care, involving older adults with cognitive impairment

Despite the enormous technological progress and undeniable potential of AAL, ICT based-solutions failed to achieve sufficiently high levels of user acceptance and market success. This may come as no surprise, since “design requirements have been typically generated in a top-down fashion, rather than being user-led”.



INNOVATING BY CO-CREATION “WITH” USERS

sense of ownership



connectedness



Acceptability; satisfaction; impact in realistic settings; increased adoption...

MINDFUL DESIGN FRAMEWORK

A concrete methodology enabling mindful co-creation with more vulnerable participants

The MIND Project develops an integrated co-design methodology working with the real voices of People with dementia (PwD) for designing collaboratively solutions aiming to improve their subjective well-being and self-empowerment, as well as promote meaningful and equitable social engagement.





FUNDACIÓN **Intras**

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INTRAS is a **non-profit organisation** dedicated to provide health and social-health care in the mental health field and ageing as well as to carry out research and innovation projects. It is certified by EFQM - Business Excellence European Quality 400+.

INTRAS manages a network of **11 centres**, **4 community support teams** and **60 community apartments** in **8 provinces** in Spain, involving over **200 professionals** and serving yearly more than **1.000 users**.

INTRAS Foundation INTRAS has a **Research and Innovation center & Living Lab "IBIP-Lab"** member of ENOLL and with recognized best practices.

Intervention Scope & Competencies

Cognitive intervention & rehabilitation through ICT-based solutions (e.g. virtual reality, immersive experiences, gamification)

e-health / Self-management of health and disease

Empowering personalized interventions

Care at home and Independent living solutions

Digital learning, inclusion and accessibility

Co-design with users and public involvement

Dissemination, knowledge transfer & research networking

Spin-off company for technology transfer & commercialization

