



Welcome to the fourth MinD newsletter

Since our last newsletter, we've been undertaking more exchanges to help us to work jointly on a mindful design framework to help people with dementia.

[Visit the project website](#)



Visit 7

Enschede/ Denekamp, NL

Guillermo Benito Ruiz from Fundación INTRAS (Spain) was hosted by Universiteit Twente (UT) and Zorggroep Sint Maarten (ZSM), while examining the difference between Spanish and Dutch healthcare approaches to people with dementia.

The visit was split between UT's Design Lab, and Gerardus Majella, ZSM's residential care home (split into three areas) for elderly people from three categories: with dementia, with other dependence problems, or wishing to have direct medical assistance available.



Visit 8

Valladolid, Spain

Michele Zanasi of Alexianer Kliniken Berlin (Germany) was hosted by Fundación INTRAS (Spain), while working on data collection and the difference between Spanish and German healthcare approaches.

The visit took place over INTRAS' many sites, such as their daycare centre, research centres and centre for occupational therapy. It focused on patients' wellbeing and integration into society.

At the public Centro de Referencia Estatal de



Visit 9

Midlands, UK

Researchers from Alexianer Kliniken Berlin (Germany) and Fundación INTRAS (Spain) were hosted by the University of Wolverhampton and Nottinghamshire Healthcare Trust.

The visit partly focused on NHT's existing Patient Public Involvement group (PPI), and ways in which their expertise could be used within the project, to involve more people in the design aspects (focus groups, scenario analysis). Discussions with PPI took place about how everyday (social) activities are handled, how they affect

The home is decorated according to residents' preferences, with finishing touches to make life easier for them. Residents' room doors have a full-size picture of the door of their former house (*pictured above*). This orients them better than a room number or name.

Staff have already used design to solve an issue with residents with dementia leaving their assigned area. They noticed residents didn't step on a darker patch of carpet, so put darker carpet in front of the door, and residents no longer try to open it.

Alzheimer, Michele learned how dolls and a robot seal (*pictured above*) are used in therapy with people with dementia, to socialise and calm them.

Interviews were conducted with a number of patients with early-stage Alzheimer's. A focus group was also undertaken with caregivers.

During the visit, literature research was also done as a preliminary stage of the publications that will be produced as part of the project.

those involved emotionally, and how to think about strategies to manage them.

PPI also gave their view on the mindful scenario task analysis framework for the design phase developed previously in Barcelona.

Literature research was done around "dementia, empowerment, decision-making", showing that there is very little international literature in PubMed covering that question.

Participants also took part in the first MinD symposium (see [Newsletter 3](#) for details).

MinD team

Find out about the people taking part in project secondments.

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PUBLIC list for the wider discussion of designing in and for dementia care. Relevant to anyone interested in this topic, e.g. dementia care groups or staff, designers etc.

